



The LARA™

Leg Adductor Relaxation Assistor

The LARA™

- ▶ encourages self treatment
- ▶ frees up physio time for alternative exercises
- ▶ provides 24hr availability of "Patient administered, no cost beneficial stretch"

The LARA is a lightweight, portable device for stretching & re-educating the adductor muscles of the leg.

Innovatively designed and constructed to be simply operated manually by either Physio or patient with no power requirement.

The patented design is an ingenious, robust solution to applying a sustained stretch where and when required.

Stretching by Design Ltd are committed to creating and promoting devices to assist and develop muscle improvement by sustained stretching or repetitive exercise.



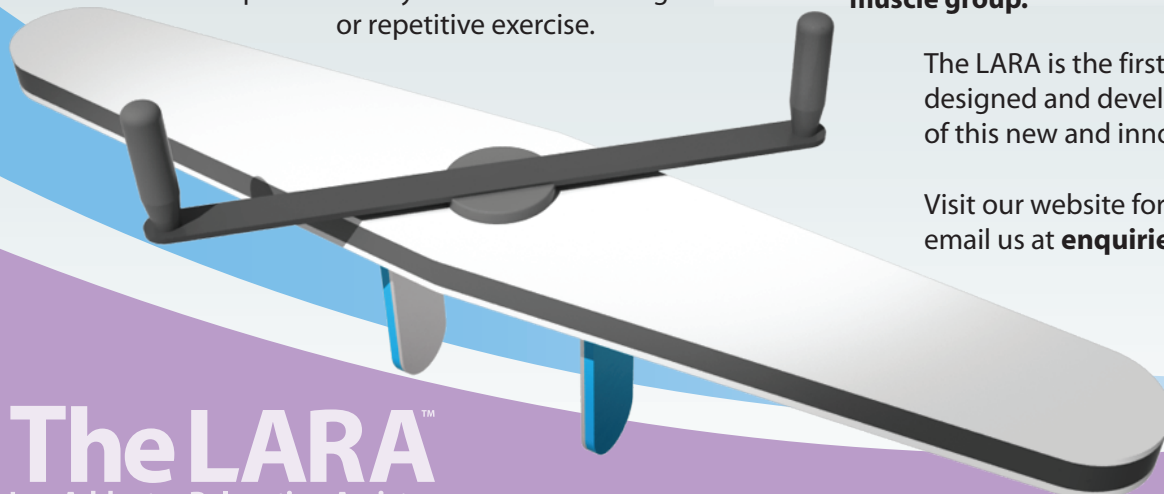
BRAND NEW TO THE WORLD MARKET



The easy to use rotational movement works the adductor muscle group.

The LARA is the first of many products designed and developed by the co-directors of this new and innovative company.

Visit our website for more information or email us at enquiries@stretchingbydesign.com



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www.stretchingbydesign.com

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Call us today